



Humble Moms



Discussion Questions

Introduction: What's in a Mom?

1. The introduction of this book opened with many different descriptions of how moms might be feeling right now. Which description resonates with you most right now? What would you add to that list? You might consider:
 - What it is about motherhood that makes you most weary these days?
 - What is bringing you the most joy these days?
2. As it relates to mothering in this season, what is the current state of your heart?
 - What are your current struggles (e.g., fear, distraction, overwhelm, pride, self-pity, indulgence, apathy)?
 - Are you in a season of enjoying the Lord? Or do you feel far from him?
3. Where do you find the most obvious disconnection between your hands and heart as you serve your kids? Give some examples.
4. Reread Philippians 2:1–11 out loud as a group.
 - What does it tell you about God?
 - What does it tell you about yourself?
 - How has Jesus Christ humbled himself, according to this passage?
5. How is it good news that Jesus lives to serve his people—including mothers?
6. What do you hope to take away from this book?



Chapter 1: He Made You

1. Read John 1:1–4 and Genesis 1:1–3 out loud as a group.
 - a. What similarities do you notice between the two passages?
 - b. Why does John call Jesus “the Word”?
2. Describe the Trinity in your own words. How are the three persons of the Trinity the same and also distinct?
3. What difference does it make that “all things hang upon, rely upon, depend upon the Word of life”?
 - a. What aspect(s) of motherhood have you been trying to sustain yourself?
 - b. Why is it good news that Jesus sustains the whole universe?
4. Where or how do you struggle to believe that you (and your kids) aren’t a burden? How does God’s constant mindfulness of you encourage you?
5. What is the difference between (1) possessing created worth and (2) being worthy of our Creator? Why is it important to distinguish between the two?

Chapter 2: He Came to You

1. When is it hardest to serve your kids? Easiest?
2. How would you describe Jesus’s incarnation in your own words?
3. Read Romans 1:21–25 out loud as a group.
 - a. What does it tell you about God?
 - b. What does it tell you about yourself?
 - c. How does grasping the depths of human sin help us better grasp the humble lowliness of Jesus?
4. What glories did Jesus leave behind him when he came to earth?
 - a. What are some glories you’ve had to give up as a mom?
 - b. How does it strengthen you to know Jesus has gone before you in this?
5. How is incarnational love different than “going through the motions” love? What are some distinguishing marks of incarnational love?

Chapter 3: He Changes You

1. What are some of the world's views about how a person can change?
 - a. In what ways do you find yourself believing and pursuing these?
 - b. How do they fall short?
2. In what specific ways do you relate to Nicodemus?
3. Read John 3:16–21 out loud as a group.
 - a. What does John tell us about sin in this passage?
 - b. What has God done in response to our sin?
 - c. How does God invite us to respond?
4. How is it good news that Jesus warmly receives all those who humbly come to him? What does coming to him look like for you right now?
5. If our hearts are dead in sin, how can they be made alive?
6. Moms can't produce lasting heart-change (in ourselves or our kids), but Jesus can.
 - a. What difference might this make for you today?
 - b. How might you enjoy Jesus in a new way this week?

Chapter 4: He Satisfies You

1. As a mom, what are you usually thirsty for?
 - a. What do you turn to for satisfaction?
 - b. Do these things satisfy you?
 - c. How can you usually tell when these things have failed to satisfy you?
2. In what specific ways do you relate to the infamous Samaritan woman? Do you relate more to her, or to Nicodemus?
3. The only thing that qualifies us for Jesus is our lack of qualifications, our humble position of need before him.
 - a. How does this reality free you to come out of hiding and come to Jesus?
 - b. How might this change the way you interact with your kids, especially when they mess up?
4. Read John 4:7–15 and John 7:37–39 out loud as a group.
 - a. What does it mean that Jesus offers us living water?
 - b. What does it mean that we won't be thirsty again when we drink of him?
5. Do you view Jesus warily, like the Samaritan woman? Or do you believe he wants to satisfy your longing soul? What would it look like to believe him this week?

Chapter 5: He Provides for You

1. In what areas of life are you most prone to disbelieve that God will provide for you? (Think about when you most struggle with worry, doubt, or fear.)
2. Read Hebrews 2:14–18 out loud as a group.
 - a. Why did Jesus have to be made like us in every respect?
 - b. How does it comfort you to know that in your depleted moments, Jesus knows what you're feeling?

3. What weaknesses do you most dislike or push against? What difference does it make that God tailor-makes our limitations for his purposes?
4. Compassion is what most readily pours out from Jesus's heart toward the humble.
 - a. Do you believe this? Or do you tend to believe something else will pour out of Jesus when you approach him in failure or weakness?
 - b. How would your approach to Jesus change if you took to heart his yearning to help you in your weaknesses?
5. How might God actually be answering your prayers by not giving you what you want or think you need? How is this his grace to you? Think of an example of a time when this was true.

Chapter 6: He Leads You

1. At the halfway point in this book and in John's Gospel, is Jesus who you expect him to be? What has surprised you most about him?
2. Read Ezekiel 34:1–6 and 11–16 out loud as a group.
 - a. In what ways did Israel's kings fail?
 - b. Do you see any of their motivations within yourself?
 - c. What did God promise his people?
3. Name some ways that Jesus is the ultimate fulfillment of a great leader. What makes him the Good Shepherd? How does this compare with our culture's definition of leadership?
4. Identify one area where you are needing wisdom to lead your kids. Which of the four marks of Jesus's loving authority do you need most right now, and why?
5. What would it look like this week to entrust yourself to Jesus's gentle leading? How might this change the way you deal with your kids?

Chapter 7: He Loves You

1. What causes you to question Jesus's love? Why do you think that is?
2. How does our surrounding culture define love? Does this square with who God is?
3. In which of your circumstances do you most need to know that nothing at all exists outside of Jesus's loving authority?
4. Read 1 John 4:7–12 out loud as a group.
 - a. How do we know God loves us?
 - b. What three reasons does John give for us loving one another?
5. What are some of the most demanding parts of motherhood that make it hard to love your kids? How does Jesus's promise to love you "to the end" empower you to love?
6. How does an attitude of humble worship change the way we serve our children?

Chapter 8: He Takes Your Place

1. If you're comfortable, tell us about a time when you sinned against your kids. Describe what happened and the aftermath (e.g., hiding, shame, confession, etc.).
2. Why is Jesus's sacrifice a matchless one, something we're not able to fully imitate? In what ways do we try to as moms?
3. Read Romans 5:6–11 out loud as a group.
 - a. How does God show his love for us?
 - b. What does it mean to be "justified by [Jesus's] blood"?
 - c. What does it mean to be "reconciled to God" by Jesus's death?
4. Since our sin will always be our biggest problem, how does this put other problems in proper perspective?
5. How does Jesus's finished work on the cross apply to the next time you sin?
6. How does Jesus's finished work on the cross apply to your kids' salvation from sin? And how does this free you from the unattainable pursuit of saving them yourself?

Chapter 9: He Reveals Himself to You

1. How is Jesus's resurrection a past, present, and future reality?
2. When you think about Jesus walking out of his tomb, how does this reality affect your discouragements and sorrows in motherhood?
3. Read John 20:30–31 out loud as a group.
 - a. Jesus revealed himself to Mary and Thomas by speaking to them. According to John, how does he reveal himself to us?
 - b. What invitation(s) does Jesus give us through our Bibles?
4. How would you describe your current appetite for God's Word? Are you hungry for it, apathetic about it, or averse to it?
5. Jesus has spoken to us so our joy will be full. What would it look like to run to the living Word of the living Christ *for your joy* this week?

Chapter 10: He Prays for You

1. Is the reality of Jesus's heavenly ministry new to you?
 - a. What surprises you about it?
 - b. What questions do you have about it?
2. Jesus is both our intercessor and advocate in heaven. How would you describe these two roles in your own words?
3. Read John 17 out loud as a group. (It's a longer one, so maybe trade off reading a few verses each. It'll be worth it!)
 - a. What is Jesus's goal for his people?
 - b. What are a few of Jesus's prayers for you?

4. How does it strengthen you to know that Jesus is praying for you right now? Give an example.
5. What does it mean that in Christ you have the ability to say no to sin and yes to righteousness? What does it look like to “be who you are in him”?
6. Can you share about a time when the Spirit touched you with a felt sense of God’s love?

Chapter 11: He Dwells in You

1. Read John 16:4b–15 out loud as a group.
 - a. Why was it better for Jesus to leave so the Holy Spirit could come?
 - b. What are some aspects of the Spirit’s ministry?
2. When you belong to Christ and his Spirit lives in you, this means (1) you are never alone, (2) you have a new identity, and (3) you can obey God. Which of these three truths encourages you most right now, and why?
3. How would you define the word *glorify*?
 - a. How does Christ’s Spirit “glorify” him as he dwells in us?
 - b. Has the Spirit glorified the Son to you lately? How has he caused you to treasure Jesus more?
4. How can you tell when you’re walking by the Spirit as you mother your kids? Quenching the Spirit? Give some examples.
5. What is one way the Spirit has made you more beautiful like Jesus over the years? What is one way you’d like to look more beautiful like Jesus?

Chapter 12: You Will See His Glory

1. What is making your days feel long right now? In what ways are you needing endurance?
2. Read John 14:1–7 out loud as a group.
 - a. What does this passage tell you about heaven?
 - b. How is a person able to enjoy heaven? How do we arrive there?
 - c. How does this encourage you to pursue Jesus with all your heart right now?
3. Read Revelation 7:15–17 out loud as a group. How will Jesus continue to serve us forever in heaven?
4. How does your heavenly future of seeing Jesus and being honored by the Father help you press on in motherhood right now, when it feels like there is little rest and honor?
5. What does it mean to be faithful in motherhood?
6. What have you learned about Jesus, his heart and hands to serve you, throughout this book? What have you come to treasure most about him?